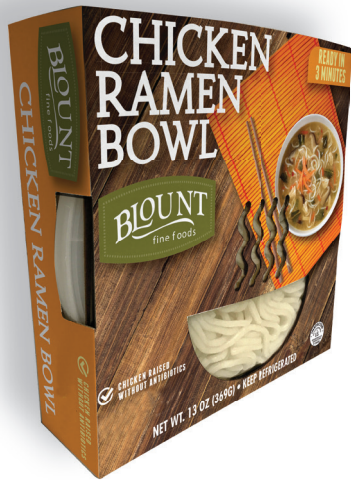


ITEM #:31303
BLOUNT FINE FOODS

ITEM UPC: 0-77958-31303-2
CASE UPC: 100-77958-31303-9



[RETAIL BOWLS]

[Blount Fine Foods]
Chicken Ramen Bowl

A comforting bowl of ramen noodles, chicken meat and vegetables in a flavorful chicken broth with soy sauce and ginger.

Chicken Raised without Antibiotics

Nutrition Facts				
Serving size	1 container			
	Chicken Broth Bowl with Ramen Noodles		Chicken Broth Bowl	
Calories	290		150	
	% Daily Value*		% Daily Value*	
Total Fat	7g	9%	6g	8%
Saturated Fat	1.5g	8%	1.5g	8%
Trans Fat	0g		0g	
Cholesterol	35mg	12%	35mg	12%
Sodium	780mg	34%	640mg	28%
Total Carbohydrate	40g	15%	9g	3%
Dietary Fiber	4g	14%	2g	7%
Total Sugars	4g		3g	
Includes Added Sugars	1g	2%	1g	2%
Protein	18g		13g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	43mg	4%	36mg	2%
Iron	1mg	6%	1mg	6%
Potassium	518mg	10%	504mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Chicken Broth Bowl (Chicken Broth, Chicken Raised Without Antibiotics (White & Dark Chicken Meat, Water, Rice Starch, Salt), Shiitake Mushroom, Onions, Celery, Scallions, Contains 2% or less of: Bok Choy, Garlic, Chicken Fat, Carrots, Ginger Puree, Organic Soy Sauce (Water, Organic Soybeans, Salt), Sesame Oil, Brown Sugar, Sea Salt, Acacia & Xanthan Gum, Onion Powder, Garlic Powder, Nisin Preparation, Spices) and Ramen Noodles (Water, Wheat Flour, Modified Tapioca Starch, Salt, Wheat Gluten, Lactic Acid).

CONTAINS: Soy and Wheat.

Shelf Life: 60 days from manufacture
Pack Size: 6/13 oz
HI-TI: 5/21
Bowl LxWxH: 6 x 6 x 2.4"
Sleeve LxWxH: 6 x 6 x 2.8"
Case LxWxH: 12.32 x 6.45 x 8.64"
Net Weight: 4.875 lbs
Tare Weight: 1.60 lbs
Gross Weight: 6.475 lbs
Cube: 0.37

