

**ITEM #:78625**  
**BLOUNT SOUPS**

Case UPC: 00077958786256  
 Item UPC: N/A



**[FROZEN]**  
**Organic Lentil & Chickpea Soup**

This hearty organic soup features lentils, chickpeas and tomatoes simmered in a herbed stock with select vegetables.

**VEGETARIAN - VEGAN - GLUTEN FREE**  
**- DAIRY FREE - LOW FAT - HIGH FIBER**  
**- ORGANIC**

**Nutrition Facts**

<b>Serving size</b>	<b>8oz (227g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
	<small>% Daily Value*</small>
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 730mg	<b>32%</b>
<b>Total Carbohydrate</b> 28g	<b>10%</b>
Dietary Fiber 9g	<b>32%</b>
Total Sugars 5g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg 0%	• Calcium 40mg 4%
Iron 3.1mg 15%	• Potassium 410mg 8%

**INGREDIENTS:** Vegetable Stock\* (Water, Vegetable Base\* [Carrots\*, Onion\*, Celery\*, Sea Salt]), Water, Lentils\*, Tomatoes\* (Tomatoes\*, Tomato Puree\*, Naturally Derived Citric Acid), Chickpeas\*, Onions\*, Carrots\*, Contains 2% or less of: Garlic\*, Cilantro\*, Canola Oil\*, Sugar\*, Turmeric\*, Sea Salt, Spices\* and Corn Starch\*.

\*Organic Ingredient

**Case Configuration:**

Case Pack: 4/4lb bags  
 Net Weight: 16 lb  
 Gross Weight: 17.5 lb  
 Case Cube: 0.43

**Pallet Information**

HI/TL: 5/18  
 Cases per Pallet: 90

**Dimensions**

Length: 13.32"  
 Width: 7.82"  
 Height: 7.14"

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