

ITEM #:78612
BLOUNT SOUPS

Case UPC: 00077958786126
 Item UPC: N/A



[FROZEN]

Organic Coconut Lentil Soup

Green and red lentils simmered in a broth of creamy coconut milk blended with a savory vegetable stock and select spices.

VEGETARIAN - VEGAN - GLUTEN FREE - DAIRY FREE

Nutrition Facts

Serving size	8oz (227g)
Amount per serving	
Calories	190
	<small>% Daily Value*</small>
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 670mg	29%
Total Carbohydrate 28g	10%
Dietary Fiber 8g	29%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 10g	
Vitamin D 0mcg 0%	• Calcium 50mg 4%
Iron 3.4mg 20%	• Potassium 360mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Vegetable Stock* (Water, Vegetable Base* [Vegetables* (Carrots*, Tomatoes*, Onions*, Potatoes*, Garlic*), Sea Salt, Dextrose*, Cane Sugar*, Canola Oil*, Spices*, Turmeric*]), Water, Lentils*, Onions*, Coconut Milk* (Water, Coconut*), Carrots*, Spinach*, Contains 2% or less of: Garlic*, Corn Starch*, Canola Oil*, Curry Powder* (Spices*, Turmeric*), Lemon Juice*, Sea Salt and Spices*.

*Organic Ingredient

CONTAINS: Coconut.

..... Please always refer to the official Product Specification for complete product details.

Case Configuration:

Case Pack: 4/4lb bags
 Net Weight: 16 lb
 Gross Weight: 17.5 lb
 Case Cube: 0.43

Pallet Information

HI/TL: 5/18
 Cases per Pallet: 90

Dimensions

Length: 13.32"
 Width: 7.82"
 Height: 7.14"

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